

Small Group Questions for the week of 10-13-19

Getting Started:

- 1) Have you ever been so worried that you had trouble sleeping? You couldn't get the issue off your mind?
- 2) How does the word picture of a "cow chewing it's cud" help us understand what Meditation is?

The Big Idea:

This life is full of battles, both spiritual and sometimes physical. God has given us the keys to success in these battles. The physical is often a reflection of what is in the spiritual realm and they both have similarities.

Jesus is the Truth and the Truth sets us free. He is our victory and when we meditate on His Word, we are transformed by the renewing of our minds. Often, our mind is the battlefield where the enemy takes us captive and defeats us. We also must learn to train during peacetime to be victorious during War.

Digging Deeper:

- 3) Read Neh. 4:15-23 and Psalms 21:31. How do these scriptures apply to our responsibilities in the area of Physical and Spiritual Battle
- 4) Discuss as a group the following statement, "We should not have to deal with security issues in Church, we leave that to the Emergency Services when we call 911."
- 5) Would you describe yourself as:
 - a. Wolf
 - b. Sheepdog
 - c. Sheep
- 6) Describe/discuss how/if your opinion on Church security has changed.

Making it Real:

The challenge for the week is twofold, first choose a Truth from God's Word and practice meditating on it all week, second is to evaluate your home and practice emergency plans for different situations.